

# James R. Hess



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## Practice Areas

Workers' Compensation Defense

## Education

J.D., Washburn School of Law,  
1988  
B.A., Western Kentucky University,  
1985

## Bar Admissions

Missouri, 1988  
Kansas, 1989

## Professional Affiliations

Wyandotte County Bar Association  
Kansas Bar Association  
Missouri Bar Association

Jim Hess is a member of the Workers' Compensation Defense practice based in McAnany Van Cleave & Phillips' Kansas City office. Jim defends employers and insurers in all aspects of workers' compensation matters in both Kansas and Missouri. He has 31 years as an experienced litigator, having handled numerous jury and bench trials, as well as appellate cases throughout his career. He has been practicing law the last 23 years as in-house counsel for Nationwide, Liberty Mutual, Zurich and CNA insurance companies, including the past nearly 18 years with CNA.

Jim works closely with his clients to minimize risk and maximize value, understanding the effects of costly litigation yet prepared to advocate for his clients. Jim believes regular communication and collaboration creates successful relationships and outcomes for his clients. He has been a frequent speaker at legal seminars and claim/client presentations, and can assist in all aspects of workers' compensation defense.

Jim played minor league baseball in the Montreal Expos organization for a few years before law school. Jim and his wife have three active children, and he has spent much of the past 20 years coaching various sports, including basketball, baseball, soccer and football.

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